

**Monday**

**Tyson All White Meat Chicken Nuggets** **2**  
Sweet Potato Tots  
Celery Sticks & Sunbutter Dip  
Assorted Ice Cold Milk

On Columbus Day, head straight for a great time!


**9**
**Tuesday**

**Twisted Pasta & Meatballs** **3**  
Lemon Pepper Broccoli  
Warm Bread Stick  
Assorted Ice Cold Milk

**"POWER PACK" Goldfish Crackers** **10**

Cheese & Turkey or Pepperoni Slices  
Fresh Grapes, Crisp Carrot Sticks & Sun Butter Dip  
All in a Bento Box

**Wednesday**

**Oven Roasted Chicken Drum Sticks** **5**  
Whipped Potatoes  
Parslied Carrots Coins  
Warm Wheat Roll  
Assorted Ice Cold Milk

**Something New Giant Soft Pretzel** **11**

Cheesy Sauce  
Cup of Chili  
Parslied Carrot Coins

**Thursday**

**BBQ Pulled Pork Sandwich** **5**  
Oven Baked Beans  
Golden Potato Smiles  
Assorted Ice Cold Milk

**Asian Bon Mi** **12**

Sweet Teriyaki Beef  
Shredded Lettuce & Cheese in a Mini Flatbread  
Pickle & Tomato Cup  
Steamed Broccoli Crowns

**Friday**

**Gill's Famous Pan Pizza of NH** **6**  
Honey Mustard Green Beans  
Assorted Ice Cold Milk

**Brunch for Lunch** **13**

Golden French Toast & Syrup  
Jones Lite Sausage Links  
Oven Baked Beans  
Potato Smiles  
Fruit Cocktail Cup

**Spoodles of Noodles** **16**

2 Spoodles of Noodles in a bowl with your choice of Marinara Sauce or Buttery Sauce  
Steamed Broccoli Crowns

**Tyson All White Meat Chicken Patty Sandwich** **17**

Lettuce, Tomato & Pickle Cup  
Sidewinder Fries  
Parslied Carrot Coins

**Nachos Grande'** **18**

Seasoned Taco Meat, Shredder Cheese, Diced Tomato & Garden Salsa over Warm Nacho Chips  
Zesty Refried Beans  
Golden Corn Nibblets

**Tasty Cheese Ravioli in Marinara Sauce** **19**

Garlic Texas Toast  
Honey Mustard Green Beans

**Ms. Heather's Homemade Pizza** **20**

Cheese or Pepperoni  
Steamed Broccoli Crowns  
Crunchy Carrots & Low Fat Dip

**Chicken Burrito Bowl** **23**

(w/o Chicken available)  
Seasoned Chicken, Rice, Zesty Beans, Topped with Sour Cream, Shredded Lettuce & Garden Salsa  
Crunchy Nacho Chips  
Golden Corn Nibblets

**The Big Grill** **24**

Bacon, Tomato & Cheese toasted golden brown  
Warm Tomato Soup  
Crunchy Celery Sticks & Low Fat Dip

**Chinese Take Out** **25**

Orange Chicken With Broccoli  
Steamed Rice  
In a takeout pail with Chop Sticks & Fortune Cookie

**Meatball Parmesan Sub or Black Bean Burger** **26**

Golden Oven Fries  
Parslied Carrot Coins

**Early Release Hot Dignity Dog** **27**

Assorted Condiments  
Sidewinder Fries  
Crunchy Carrot Stick  
Oven Baked Beans

**Tyson all White Meat Golden Chicken Nuggets** **30**

Whipped Potatoes & Steamy Gravy  
Parslied Carrot Coins  
Warm Wheat Roll

**Taco Salad Boat** **31**

Seasoned Beef, Shredded Lettuce, Diced Tomato, Garden Salsa and Sour Cream in a Tortilla Bowl  
Zesty Refried Beans  
Golden Corn Nibblets

**Daily Offerings:**

3 Fun Lunch Combos  
Assorted Salads & Wraps  
Cheese Pizza

Director; Tom Houle  
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The U.S. Department of Agriculture Prohibits Discrimination

Please inform your servers of any Food Allergies  
Menu Subject to change