

Monday

Tyson All White Meat Chicken Nuggets **2**
 Sweet Potato Tots
 Celery Sticks &
 Sunbutter Dip
 Assorted Ice Cold Milk

On Columbus Day,
 head straight for a great time!


9
Tuesday

Twisted Pasta & Meatballs **3**
 Lemon Pepper Broccoli
 Warm Bread Stick
 Assorted Ice Cold Milk

"POWER PACK" Goldfish Crackers **10**

Cheese & Turkey or Pepperoni Slices
 Fresh Grapes, Crisp Carrot Sticks & Sun Butter Dip
 All in a Bento Box

Wednesday

Oven Roasted Chicken Drum Sticks **5**
 Whipped Potatoes
 Parslied Carrots Coins
 Warm Wheat Roll
 Assorted Ice Cold Milk

Something New Giant Soft Pretzel **11**

Cheesy Sauce
 Cup of Chili
 Parslied Carrot Coins

Thursday

BBQ Pulled Pork Sandwich **5**
 Oven Baked Beans
 Golden Potato Smiles
 Assorted Ice Cold Milk

Asian Bon Mi **12**

Sweet Teriyaki Beef
 Shredded Lettuce & Cheese in a Mini Flatbread
 Pickle & Tomato Cup
 Steamed Broccoli Crowns

Friday

Gill's Famous Pan Pizza of NH **6**
 Honey Mustard Green Beans
 Assorted Ice Cold Milk

Brunch for Lunch **13**

Golden French Toast & Syrup
 Jones Lite Sausage Links
 Oven Baked Beans
 Potato Smiles
 Fruit Cocktail Cup

Spoodles of Noodles **16**

2 Spoodles of Noodles in a bowl with your choice of Marinara Sauce or Buttery Sauce
 Steamed Broccoli Crowns

Tyson All White Meat Chicken Patty Sandwich **17**

Lettuce, Tomato & Pickle Cup
 Sidewinder Fries
 Parslied Carrot Coins

Nachos Grande' **18**

Seasoned Taco Meat, Shredder Cheese, Diced Tomato & Garden Salsa over Warm Nacho Chips
 Zesty Refried Beans
 Golden Corn Nibbles

Tasty Cheese Ravioli in Marinara Sauce **19**

Garlic Texas Toast
 Honey Mustard Green Beans

Ms. Lori's Homemade Pizza **20**

Cheese or Pepperoni
 Steamed Broccoli Crowns
 Crunchy Carrots & Low Fat Dip

Chicken Burrito Bowl **23**

(w/o Chicken available)
 Seasoned Chicken, Rice, Zesty Beans, Topped with Sour Cream, Shredded Lettuce & Garden Salsa
 Crunchy Nacho Chips
 Golden Corn Nibbles

The Big Grill **24**

Bacon, Tomato & Cheese toasted golden brown
 Warm Tomato Soup
 Crunchy Celery Sticks & Low Fat Dip

Chinese Take Out **25**

Orange Chicken With Broccoli
 Steamed Rice
 In a takeout pail with Chop Sticks & Fortune Cookie

Meatball Parmesan Sub or Black Bean Burger **26**

Golden Oven Fries
 Parslied Carrot Coins

Early Release Hot Dignity Dog **27**

Assorted Condiments
 Sidewinder Fries
 Crunchy Carrot Stick
 Oven Baked Beans

Tyson all White Meat Golden Chicken Nuggets **30**

Whipped Potatoes & Steamy Gravy
 Parslied Carrot Coins
 Warm Wheat Roll

Taco Salad Boat **31**

Seasoned Beef, Shredded Lettuce, Diced Tomato, Garden Salsa and Sour Cream in a Tortilla Bowl
 Zesty Refried Beans
 Golden Corn Nibbles

