

A variety of Fresh Fruit is always available!

Monday

Tuesday

Wednesday

Thursday

Friday



4

Tyson, All White Meat Chicken Nuggets
Whipped Potatoes & Steamy Gravy
Parslied Carrot Coins
Warm Wheat Roll
Smart Balance Spread

5

Trayless Tuesday Bento Box
Roasted Turkey Chunks
Sting Cheese Stick
Baby Carrots & Hummus Cup
Crunchy Crackers
Strawberry Cup

6

Baked Potato Bar
All Beef Chili, Cheesy Sauce, Steamed Broccoli Crowns, Sour Cream & Green Onion over a Freshly Baked Potato
Garlic Bread Stick



7

Bow Tie Pasta & Pesto or Meaty Marinara Sauce
Seasoned Breen Beans
Warm Garlic Toast
Warm Blueberry Crisp

8

Early Release Hot Dignity Dog!
Smiley Fries
Oven Baked Beans
Crunchy Baby Carrots



11

Bacon Cheese Burger or Black Bean Burger
Lettuce, Tomato & Pickle Cup
Sweet Potato Fries
Oven Baked Beans

12

Spanish Rice Bowl
Seasoned Beef Over Spanish Rice
Topped with Fresh Salsa & Cilantro
Golden Corn Nibbles



13

Super Cheesy Baked Ziti
With or Without Meatballs
Sweet Green Peas
Warm Garlic Toast



14

Tyson All White Meat Chicken Patty Sandwich
Lettuce, Tomato & Pickle Cup
Creamy Tomato Soup
Lemon Pepper Broccoli Crowns

15

Gill's Famous Pan Pizza of NH
Sensational Caesar Salad & Low Fat Dressing
Golden Oven Fries



18

Tyson All White Meat Golden Chicken Tenders
Vegetable Fried Rice
Steamed Broccoli Crowns



19

Trayless Tuesday Street Tots & Giant Pretzel
Golden Tater Tots Topped with Seasoned Taco Beef, Cheesy Sauce, Salsa & Chopped Green Onion & Green Onion
Warm Jumbo Pretzel
Bag of Baby Carrots

20

Brunch for Lunch!
Cup of Orange Juice
Golden Waffle Sticks with Strawberry Topping
Jones Lite Sausage Links
Oven Baked Beans



21

Comfort Food Creamy Mac & Cheese
Roasted Broccoli Crowns
Warm Wheat Roll
Smart Balance Spread
Berries & Cream



22

Holiday Dinner
Oven Roasted Turkey
Whipped Potatoes & Steamy Gravy
Herbed Bread Stuffing
Parslied Carrots
Cranberry Sauce
Warm Wheat Roll
Homemade Apple Crisp

25



26



27



28



29



Burbank Daily Offers:
Cheeseburger
Chicken Patty
Cheese Pizza

Rowlandson Daily Offers:
3 Fun Lunch Combos
Assorted Salads & Wraps

Director: Tom Houle
thoule@nrsd.net

Please inform your servers of any Food Allergies
Menu Subject to change