

A variety of Fresh Fruit is always available!

**Monday**

**1**
**Tuesday**

**2**
**Wednesday**

**Auntie Angie's**  
**Classic Spaghetti & Meaty Marinara**  
 Or Buttery Sauce  
 Roasted Broccoli Crowns  
 Warm Garlic Bread Stick  
 Creamy Tomato Basil Soup

**3**
**Thursday**

**National Spaghetti Day**  
 Steamy Spaghetti topped with Meaty Marinara or Buttery Sauce  
 Lemon Pepper Broccoli Crowns  
 Warm Garlic Bread Stick

**4**
**Friday**

**Country BBQ**  
 Oven Roasted BBQ Chicken  
 Golden Corn Nibbles  
 Oven Baked Beans  
 Warm Wheat Roll  
 Ms. Kari's Very Berry Crisp

**5**
**Gourmet Bacon Burger**

Or Black Bean Burger  
 All Beef Patty, Bacon & Land O Lakes  
 Cheese all in a Soft Pretzel Roll  
 Roasted Onions & Peppers  
 Lettuce, Tomato, Pickle Cup  
 Golden Onion Rings  
 Steamed Broccoli Crowns

**8**
**Korean Chicken Bowl**

Lemon Grass Chicken  
 over Steamed Brown Rice  
 Gingered Carrots  
 Spicy Potato Tots

**9**
**!Street Food!  
 Pulled Pork Nachos**

Seasoned Pulled Pork & Zesty BBQ  
 Sauce over Warm Nacho Chips Topped  
 with Shredded Cheese & Green Onion  
 Parslied Carrot Coins

**10**

**National Milk Day**

Toasted Cheese Sandwich  
 Creamy Tomato Soup  
 Crunchy Celery Sticks & Low Fat Dip  
 Gold Fish Crackers

**11**

**Ice Cold Milk**
**12**
**Early Release Day**

**No Lunch Today.**  
**Please Join us for Breakfast at the  
 Snack Shack**



Martin Luther King, Jr.

**15**
**Chicken Quesadilla**

Grilled Chicken Strips, Shredded Cheese  
 Or Cheese Quesadilla  
 with Roasted Onions & Peppers,  
 Garden Salsa & Sour Cream  
 Zesty Refried Beans or Black Beans  
 Baby Carrots & Low Fat Dip

**16**
**Comfort Food**

Classic American Chop Suey  
 Sweet Green Peas  
 Warm Garlic Bread Stick

**17**

**Turkey Dinner & Fixin's**

Slow Roasted Turkey  
 Whipped Potatoes & Steamy Gravy  
 Herbed Bread Stuffing  
 Parslied Carrot Coins  
 Warm Wheat Roll

**18**

**"Fish in Chips"**  
 White Fish Fillets coated in Cape Cod  
 Potato Chips  
 Golden Oven Fries  
 Crunchy Broccoli Slaw  
 Warm Wheat Roll

**19**
**Tyson All White Meat  
 Chicken Nuggets**

Whipped Potatoes & Steamy Gravy  
 Parslied Carrot Coins  
 Warm Wheat Roll

**22**

**Brunch For Lunch**

Golden French Toast Sticks  
 Syrup Cup  
 Jones Lite Sausage  
 Golden Tater Tots  
 Oven Baked Beans  
 Strawberry Cup

**23**
**Late Start**
**Breakfast Sandwich or  
 Tex-Mex Nachos**

Seasoned Ground Beef,  
 Shredded Lettuce, Garden Salsa &  
 Shredded Cheese over  
 Warm Nacho Chips  
 Sweet Corn Nibbles

**24**
**Late Start**
**Breakfast Sandwich or  
 Tyson All White Meat  
 Chicken Fingers**

Vegetable Fried Rice  
 Steamed Broccoli Crowns  
 Fortune Cookie  
 Pineapple Cup

**25**
**Fish Taco Friday**

Coconut Crusted Red Fish  
 Topped with Shredded Lettuce, Tomato,  
 Fresh Cilantro & Lime  
 all in two Soft Flat Breads  
 Corn & Black Bean Salad  
 Golden Oven Fries

**26**
**Chinese Chicken & Rice Bowl**

Orange Glazed Chicken  
 over Steamed Brown Rice  
 Gingered Carrot Coins  
 Mandarin Orange Cup

**29**
**Gourmet Bacon Burger**

Or Black Bean Burger  
 All Beef Patty, Bacon & Land O Lakes  
 Cheese all in a Soft Pretzel Roll  
 Roasted Onions & Peppers  
 Lettuce, Tomato, Pickle Cup  
 Golden Onion Rings  
 Parmesan Roasted Broccoli Crowns

**30**
**Italian Dinner**

Mini Cheese Ravioli Topped  
 with Meaty Marinara or Marinara Sauce  
 & Parmesan Cheese  
 Italian Green Beans  
 Warm Garlic Bread Stick

**31**

On the slide  
 Cheeseburger  
 Chicken Patty  
 Assorted Pizza

Grab & Go  
 Assorted Salads & Wraps & Parfaits  
 Made to order Deli Sandwiches & Salads

Director; Tom Houle  
 thoule@nrsd.net

The U.S. Department of Agriculture Prohibits Discrimination

Please inform your servers of any Food Allergies  
 Menu Subject to change



**PAY FOR MEALS ONLINE**  
 MySchoolBucks.com

