

A variety of Fresh Fruit is always available!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



4

**Tyson, All White Meat Chicken Nuggets**  
Whipped Potatoes & Steamy Gravy  
Parslied Carrot Coins  
Warm Wheat Roll  
Smart Balance Spread

5

**Trayless Tuesday Bento Box**  
Roasted Turkey Chunks  
Sting Cheese Stick  
Baby Carrots & Hummus Cup  
Crunchy Crackers  
Strawberry Cup

6

**Baked Potato Bar**  
All Beef Chili, Cheesy Sauce, Steamed Broccoli Crowns, Sour Cream & Green Onion over a Freshly Baked Potato  
Garlic Bread Stick



7

**Bow Tie Pasta & Pesto or Meaty Marinara Sauce**  
Seasoned Breen Beans  
Warm Garlic Toast  
Warm Blueberry Crisp

8

**Early Release Hot Dignity Dog!**  
Smiley Fries  
Oven Baked Beans  
Crunchy Baby Carrots



11

**Bacon Cheese Burger or Black Bean Burger**  
Lettuce, Tomato & Pickle Cup  
Sweet Potato Fries  
Oven Baked Beans

12

**Spanish Rice Bowl**  
Seasoned Beef Over Spanish Rice  
Topped with Fresh Salsa & Cilantro  
Golden Corn Nibbles



13

**Super Cheesy Baked Ziti**  
With or Without Meatballs  
Sweet Green Peas  
Warm Garlic Toast



14

**Tyson All White Meat Chicken Patty Sandwich**  
Lettuce, Tomato & Pickle Cup  
Creamy Tomato Soup  
Lemon Pepper Broccoli Crowns

15

**Gill's Famous Pan Pizza of NH**  
Sensational Caesar Salad & Low Fat Dressing  
Golden Oven Fries



18

**Tyson All White Meat Golden Chicken Tenders**  
Vegetable Fried Rice  
Steamed Broccoli Crowns



19

**Trayless Tuesday Street Tots & Giant Pretzel**  
Golden Tater Tots Topped with Seasoned Taco Beef, Cheesy Sauce, Salsa & Chopped Green Onion & Green Onion  
Warm Jumbo Pretzel  
Bag of Baby Carrots

20

**Brunch for Lunch!**  
Cup of Orange Juice  
Golden Waffle Sticks with Strawberry Topping  
Jones Lite Sausage Links  
Oven Baked Beans



21

**Comfort Food Creamy Mac & Cheese**  
Roasted Broccoli Crowns  
Warm Wheat Roll  
Smart Balance Spread  
Berries & Cream



22

**Holiday Dinner**  
Oven Roasted Turkey  
Whipped Potatoes & Steamy Gravy  
Herbed Bread Stuffing  
Parslied Carrots  
Cranberry Sauce  
Warm Wheat Roll  
Homemade Apple Crisp

25



26



27



28



29



**Daily Offerings:**  
3 Fun Lunch Combos  
Assorted Salads & Wraps  
Cheese Pizza

Director: Tom Houle  
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Please inform your servers of any Food Allergies  
Menu Subject to change