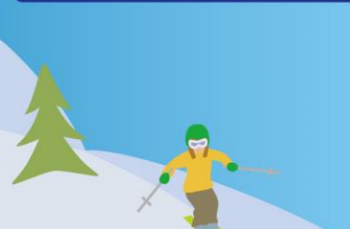


A variety of Fresh Fruit is always available!

Monday
Tuesday
Wednesday
Thursday
Friday


Brunch **5**

Maple-Cinnamon Pancakes
 Golden Tater Tots
 Jones Lite Sausage
 100% Orange Juice

Taco Tuesday **6**

2 Crunchy Taco Shells
 filled with Seasoned Taco Meat
 topped with Shredded Lettuce, Tomato &
 Shredded Cheese
 Golden Corn Nibbles



Roasted Turkey Dinner **7**

Sliced Roasted Turkey
 Whipped Potatoes & Steamy Gravy
 Herbed Bread Stuffing
 Sweet Green Peas
 Warm Wheat Roll
 Cranberry Sauce

BBQ In February **1**
Oven Roasted BBQ Chicken
 Ms. Kari's Home Made Corn Bread
 Golden Corn Nibbles
 Very Berry Crisp



LOTS OF TOTS **2**
 Golden Tater Tots
 Topped with BBQ Pulled Pork,
 Shredded Cheese & Green Onion
 Parslied Carrot Coins
 Warm Giant Pretzel

Pasta Bar **8**


Broccoli Alfredo
 Meaty Marinara
 Or Buttery Sauce over
 Penne Pasta
 Gingered Carrot Coins



Early Release **9**
No Lunch Today
Please join us for breakfast at the
Snack Shack!

Ms. Kari's **12**
Cheesy Mac & Cheese
 Lemon Pepper Broccoli Crowns
 Warm Wheat Roll
 Apple Sauce Cup

Gourmet Cheeseburger **13**
Deluxe on a Pretzel Roll
 Or Black Bean Burger
 with Lettuce & Tomato
 Sweet Potato Fries
 Crisp Caesar Salad



Happy Valentine's Day! **14**
Mucho Nachos
 Seasoned Taco Meat,
 Cheesy Sauce & Garden Salsa over
 Warm Nacho Chips
 Seasoned Black Beans
 Golden Corn Nibbles
 Gelatin Cup & Whipped Topping

Tyson All White Meat **15**
Chicken Nuggets
 Whipped Potatoes & Steamy Gravy
 Parslied Carrot Coins
 Warm Cinnamon Roll



Slammin' Steak & Cheese Sub **16**
 Roasted Onions & Peppers
 Crisp Celery Sticks & Low Fat Dip
 Golden Oven Fries
 Peaches & Cream

February Break **19**



February Break **20**

February Break **21**



February Break **22**

February Break **23**



Italian Dinner **26**

Cheese Stuffed Ravioli
 in Marinara Sauce
 Italian Style Meatballs
 Italian Bread




Tyson Wings of Fire **27**

Vegetable Fried Rice
 Steamed Broccoli Crowns
 Pineapple Cup
 Fortune Cookie



Late Start Brunch **28**

Maple-Cinnamon Pancakes
 Golden Tater Tots
 Jones Lite Sausage
 100% Orange Juice




On the slide
 Cheeseburger
 Chicken Patty
 Assorted Pizza

Grab & Go
 Assorted Salads & Wraps & Parfaits
 Made to order Deli Sandwiches & Salads

Director; Tom Houle
 thoule@nrsd.net

Please inform your servers of any Food Allergies
 Menu Subject to change

The U.S. Department of Agriculture Prohibits Discrimination

MY SCHOOL BUCKS **PAY FOR MEALS ONLINE**
