

Fresh Fruit & Vegetables Served with Every Meal!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



5  
Early Release  
Parent Teacher Conferences  
**Soup & Sandwich**  
Toasted Cheese Sandwich  
Steamy Tomato Soup  
Goldfish Crackers



6  
No Classes Today  
Voting Day



7  
**Hot Diggity Dogs**  
Golden Oven Fries  
Seasoned Green Beans



8  
**Pasta Alfredo**

Add Chicken and or Broccoli if you wish  
Sweet Green Peas  
Warm Bread Stick



9  
**Chicken & Waffle Sandwich**  
Breaded Tyson Chicken Fillet &  
American Cheese on 2 Jumbo Waffles  
Syrup Cup  
Oven Baked Beans  
Crisp Carrot Sticks



13  
**Five Layer Dip**  
Seasoned Beans, Zesty Taco Meat,  
Shredded Cheese & Garden Salsa  
Topped with Sour Cream  
Warm Nacho Chips  
Steamed Broccoli Crowns

14  
**Bacon Cheese Burger**  
Roasted Onions & Peppers  
Golden Oven Fries  
Crisp Carrot Sticks & Low Fat Dip

15  
**Classic Spaghetti & Meatballs**

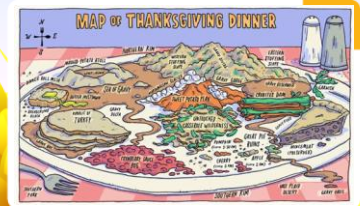
Sweet Corn Nibbles  
Warm Dinner Roll



16  
**Thanksgiving Celebration**  
Oven Roasted Turkey  
Whipped Potatoes & Steamy Gravy  
Parslied Carrot Coins  
Herbed Bread Stuffing  
Warm Wheat Roll  
Cranberry Sauce  
Apple Crisp

19  
**Monday's Mucho Nachos**  
Seasoned Beef or Chicken  
& Cheesy Sauce over Warm Nacho Chips  
Garden Salsa  
Cilantro Lime Rice  
Zesty Black Beans

20  
**All White Meat Chicken Nuggets**  
Whipped Potatoes & Steamy Gravy  
Parslied Carrot Coins  
Texas Toast



26  
**Lip-Smackin' Chicken Tenders**  
Seasoned Rice Pilaf  
Parslied Carrot Coins



27  
**Taco Salad Tuesday**  
Seasoned Taco Meat, Black Beans  
& Shredded Cheese over  
Crisp Salad Greens with Tomatoes &  
Cucumbers Served with Garden Salsa  
& Sour Cream all in a Taco Boat

28  
**Cheesy Mozzarella Sticks**  
Marinara Dipping Sauce  
Golden Oven Fries  
Seasoned Green Beans

29  
**Asian Chicken Rice Bowl**  
Zesty Tangerine Chicken  
Over Brown Rice with Steamed Edamame  
Broccoli Crowns & Shredded Carrots  
Golden Pineapple Chunks  
Fortune Cookie

30  
**Gil's Famous Pan Pizza of NH**  
Crisp Caesar Salad  
Creamy Pudding Cup



**Daily Offerings:**  
3 Fun Lunch Combos  
Full Salad Bar & Wraps  
Cheese Pizza

Director: Tom Houle  
thoule@nrsd.net

Please inform your servers of any Food Allergies  
Menu Subject to change

The U.S. Department of Agriculture Prohibits Discrimination



Meal Price = \$3.00