

Variety of Iced Cold Milk Served Daily

Florence Sawyer and Emerson Schools

Fresh Fruit & Vegetables always Available

Monday

Burger Madness Monday 1
Top your own Burger with
Cheese, Tomatoes,
Lettuce, Pickles & Assorted Condiments
Sweet Potato Fries
Georgia Peach Cup



Tuesday

Cheesy Mac & Cheese Bowl 2
With your choice of
Buffalo Chicken or BBQ Chicken Toppers
Steamed Broccoli Crowns



Wednesday

Wednesday Brunch 3
Golden Pancakes & Syrup
Cheesy Scrambled Eggs
Hash Brown Potatoes
Breakfast Blueberry Parfait

Thursday

Totally Nacho Thursday 4
Seasoned Beef or Chicken
& Cheesy Sauce over Warm Nacho Chips
Garden Salsa
Cilantro Lime Rice
Zesty Black Beans



Friday

Mozzarella Madness 5
Stringy Mozzarella Sticks
Marinara Dipping Sauce
Crisp Carrot Sticks & Low Fat Dip
Warm Break Stick
Berries & Cream

8



Hot Diggity Dog 9
Kayem Lite Frank in a Soft Roll
Vegetarian Baked Beans
Golden Oven Fries



Golden Chicken Nuggets 10

Whipped Potatoes &
Steamy Gravy
Steamed Carrot Coins
Warm Wheat Roll



Strawberries & Cream

11

Taste of the Orient 11
Orange Chicken
Steamed Rice
Broccoli Crowns
All served in a takeout pale
With Fortune Cookie & Chop Sticks

15

Auntie Angie's 15
Classic Spaghetti & Meatballs
Roasted Broccoli Crowns
Warm Bread Stick



TEX MEX 16
Chicken Fajita
Seasoned Chicken
Roasted Onions & Peppers
Garden Salsa & Sour Cream
In a warm flour tortilla
Sweet Corn Nibbles

Golden Chicken Tenders 17

Seasoned Rice Pilaf
Parslied Carrot Coins



Berries & Cream

18

Soup & Sandwich 18
Toasted Cheese Sandwich
Steamy Tomato Soup
Vegetarian Baked Beans



22

Golden Chicken Nuggets 22
Whipped Potatoes &
Steamy Gravy
Steamed Carrot Coins
Warm Wheat Roll



Korean BBQ Chicken Bowl 23
Steamed Brown Rice &
Gingered Carrot
Topped with Fresh Green Onion & Cilantro
Berries & Cream

Bodacious Pasta Bar 24

Marinara Sauce or Alfredo Sauce
over Penne Pasta
Roasted Broccoli Crowns
Warm Bread Stick



25

Thursday Brunch 25
Golden French Toast Sticks 25
Syrup Cup
Jones Lite Sausage Links
Tater Tots
Vegetarian Baked Beans
Georgia Peach Cup

29

Burrito Bowl 29
Chicken or Beef with
Cilantro Lime Rice
Seasoned Black Beans
Garden Salsa & Sour Cream
In a Large Flour Tortilla
Steamed Broccoli Crowns
Georgia Peach Cup

U Build It Burger Bar 30
Top your own Burger with
Cheese, Tomatoes,
Lettuce, Pickles & Assorted Condiments
Sweet Potato Fries



Halloween 31

Old Fashioned Barbecue 31
BBQ Chicken
Sweet Corn
Classic Pasta Salad
Oven Baked Beans
Halloween Treat



No School 26
Parent-Teacher Conferences



Daily Offerings:
3 Fun Lunch Combos
Full Salad Bar & Wraps
Cheese Pizza

Director: Tom Houle
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Please inform your servers of any Food Allergies
Menu Subject to change

The U.S. Department of Agriculture Prohibits Discrimination

