



Superintendent's Report
February 27, 2019

- Budget Meetings** – At this time of year we visit with our three Town's Finance Committees regarding our budget and provide an update to them on its status. We met with Bolton last night and will be meeting with both Stow and Lancaster next week. We always appreciate their questions and comments. Thanks to each of them.
(Standard 3, 4)
- Assabet Valley Collaborative Annual Audit**
The Assabet Valley Collaborative Financial Statements for the Year Ended June 30, 2018 are included in the meeting packet for your review. No action from the School Committee is needed, this is informational only.
(Standard 1, 3)
- A Community Conversation, Opioid, RX Drugs and Youth**
Dr. Ruth Potee, a well-known physician, board-certified in Family Medicine and Addiction Medicine, will provide an overview of how substances and addictive behaviors impact the brain and how the brain is injured by prolonged exposure to these substances and behaviors. This presentation focuses on the three predisposing factors that put individuals at risk for addiction: genetics, early exposure during brain development and history of childhood trauma. This program is appropriate for parents of middle and high school students. Students ages 14 and up are encouraged to attend. Presentation will be held March 21st at 6:30 pm at NRHS.
(Standard 3, 4)
- Mental Health Awareness First Aid Programming**
We have two high school counselors who have been trained as instructors teaching this course to adults who work with our young people in the school district. We are pleased to announce that we are now offering this course to adult members of the wider Nashoba Regional School District community. We believe that having a more informed community may dramatically help early intervention efforts and get youth the help they need when they need it. Interested adults in the Nashoba Regional School District community must commit to attending both sessions in order to partake in the training. The two sessions will take place from 8:30AM to 12:30PM on Saturday, April 27th and Saturday, May 4th 2019 in the Nashoba Regional High School Media Center. Cost is \$20 per person. For more information or to participate in this Youth Mental Health First Aid training, see attached flyer and register online through the district website (www.nrsd.net) under Important Updates. Please feel free to email the instructors, Diana Durr and Katie Abruzzese, at MentalHealthFirstAid@nrsd.net with any questions.
(Standard 1, 4)
- Teaching and Learning Meetings with Building Principals**
This year, the Department of Teaching and Learning has implemented monthly meetings with all building principals to work on communicating and collaborating together on professional development, assessment practices and finding common, consistent communication with the greater Nashoba community. The meetings have allowed for a free flow of ideas, constructive feedback and a collaborative approach to all of the teaching and learning strategies that are being implemented across the district. All building principals, the department of teaching and learning, technology and the Assistant Superintendent attend these monthly meetings focused on improving cross district communication and creating consistent expectations and experiences for teachers and students.
(Standard 2, 4)

6. Social Emotional Curriculum Grant Training Continues

The DESE announced a new Systemic Student Support (S3) Academy, aligned with its Safe and Supportive Schools initiatives for supporting Social Emotional Learning in our schools this past fall. Nashoba was one of eight school districts selected to participate. The academy is sponsored and facilitated by the Rennie Center and Boston College Lynch School of Education's Center for Optimized Student Support, and focuses on K-8 schools. The academy includes three in-person workshops (December, February and April) and two virtual meetings (January and March) is designed to deepen practitioners' understanding of the critical components of a system that effectively and proactively identifies and addresses students' strengths and needs for social emotional learning and its impact in the classroom. Tomorrow, several district administrators, teachers and support staff will attend the second workshop session designed to introduce practitioners to new and innovative ways to address social emotional learning in our K-8 classrooms. Participants from neighboring districts will also attend the workshop.

(Standard 2, 3)

**Ann Marie Stoica, Director of Human Resources • Rob Frieswick, Director of Facilities
Joan DeAngelis, Director of Pupil Personnel Services • Tania Rich, Director of Athletics
Patricia Marone, Business and Operations Manager**

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