



Relax, Breath, and Stretch...

At

FREE YOGA

Taught by Ms. Reina for students in Extended Learning



Six-week course for students in 3rd, 4th, & 5th grade

No previous experience required.

Please bring mat.

FSS – Tuesdays from Sept. 17 – Oct. 22

MRE – Thursdays from Sept. 19 – Oct. 24

Center – Fridays from Sept. 20 – Nov. 1

(no class on Oct. 25)

Classes held from 3:30 – 4:30 p.m.

Register for class with Site Coordinator